



NY44 Health Benefits Plan Trust
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Website Communication About GLP-1 Drugs

The health and well-being of our members is a priority to the NY44 Health Benefits Plan Trust (the "Trust"). However, we also need to balance this priority with another important goal, the need to contain costs.

Recently the Board of Trustees voted to make a change to the coverage for certain medications prescribed for weight loss. Effective January 1, 2025 these medications (sometimes referred to as GLP-1 drugs) will no longer be covered if prescribed solely for weight loss.

However, these medications are covered and will continue to be covered if prescribed for the treatment of diabetes.

Members who are impacted by this change are advised to work with their healthcare provider to determine what option(s) are best and/or available to treat the condition. These may include access to medications you can obtain on your own, outside the Trust's plan, at a lower cost. Members who continue to fill prescriptions for GLP-1 drugs prescribed solely for weight loss on or after December 31, 2024, will be responsible for the full cost of the medication. In addition, the amount paid will not contribute to any plan deductible or out-of-pocket amount.

As an alternative, the Trust is actively examining alternative programs to help members manage their weight. For example, the Trust offers members access to Brook+, a diabetes prevention program to help eligible members build lasting habits to achieve a healthy weight and reduce the risk of diabetes. **There is no charge to members for this program.** If you'd like to participate in the Brook+ program, please visit the NY44 Health Benefits Plan Trust website at <https://www.ny44.e1b.org/brook/> to learn more.

The Trust expects to offer additional weight loss programs to members in the future. We will communicate these to all members as soon as they are available.

If Members have any questions about pharmacy benefits or this changes, please contact Capital Rx Customer Care at 1-833-772-2779 anytime. They are available 24 hours a day, 7 days a week to support you.

Sincerely,

The Board of Trustees of the NY44 Health Benefits Plan Trust