

Access Your Health Plan, Your Way

Gia® is your guide to your health and your MVP Health Care® plan, both online and in the mobile app. Gia puts important plan information and access to care at your fingertips.

Register for Gia online at **my.mvphealthcare.com** or download the *Gia by MVP* mobile app to get started. Follow the instructions online or in the app to set up your account. You will need your MVP Member ID card and a valid email address. Once you are registered, you can:

Check a claims status or history

Tap *Claims* to find this in the app.

View your Digital ID Card

Tap *ID Cards* to view and share these from the app.

See progress toward deductibles or out-of-pocket maximums, if applicable

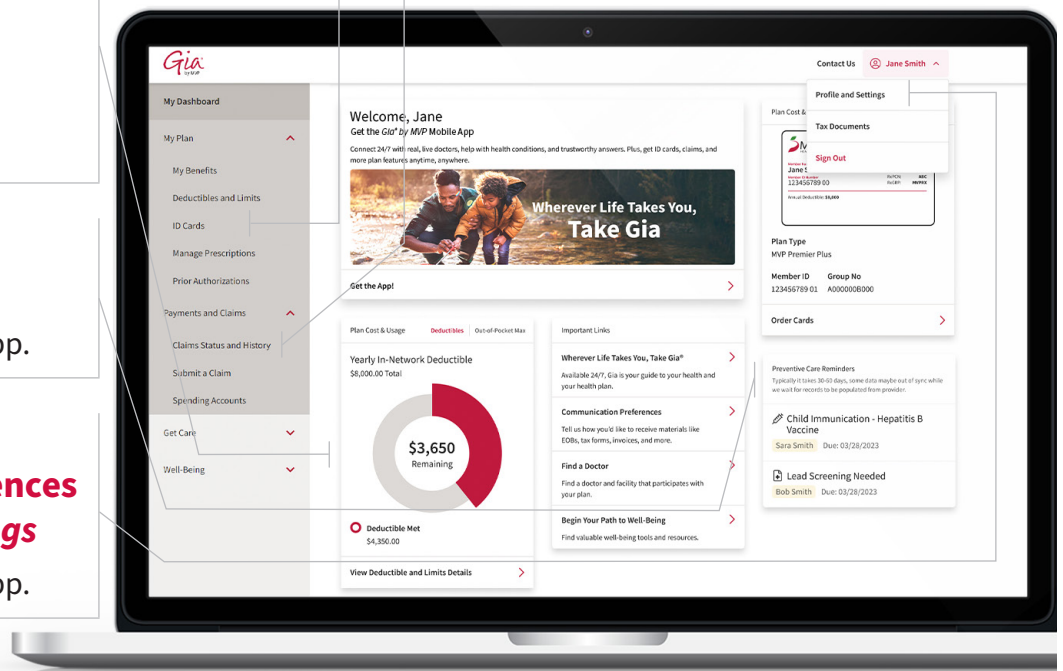
Tap *Deductibles and Limits* to find this in the app.

Get preventive care reminders

Tap *Menu* to find this in the app.

Set or change communication preferences under *Profile and Settings*

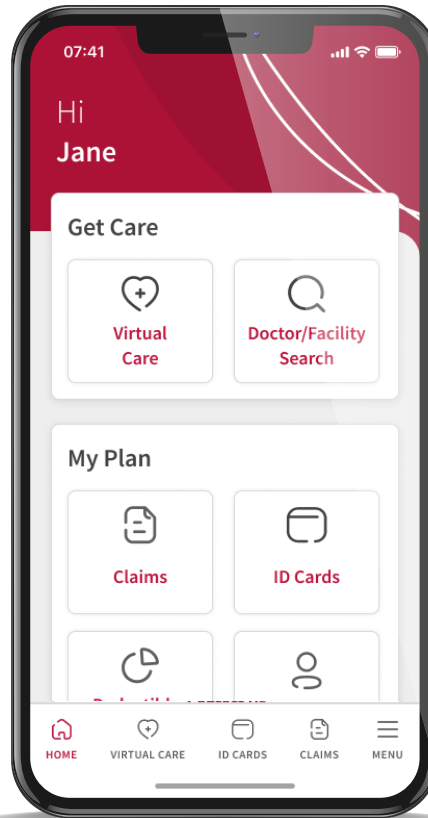
Tap *Menu* to find this in the app.



Use the *Gia by MVP* mobile app to manage your plan, plus access \$0 virtual care 24/7! Use the app to:

- Message a doctor for virtual primary and specialty care
- Connect to urgent and emergency care in minutes
- Easily connect with a behavioral health provider
- Request a new medication or refill, lab tests, screenings, and more

Learn more about when to use *Gia* for virtual care at mvphealthcare.com/UsingGia.



To download the *Gia by MVP* mobile app, visit GoAskGia.com, scan the code below using the camera on your mobile device, or visit the App Store® or Google Play™.



Need Help?

Visit mvphealthcare.com/site-help or call the MVP Customer Care Center at the phone number listed on the back of your MVP Member ID card.

MVP virtual care services through *Gia* are available at no cost-share for most members. In-person visits and referrals are subject to cost-share per plan.

Health benefit plans are issued or administered by MVP Health Plan, Inc.; MVP Health Insurance Company; MVP Select Care, Inc.; and MVP Health Services Corp., operating subsidiaries of MVP Health Care, Inc. Not all plans available in all states and counties.