

NY44 HEALTH BENEFITS PLAN TRUST

ANNUAL MEETING

APRIL 27, 2022





NOTES



AGENDA

Welcome

- Jim Fregelette, Trust Chair
- John Rodgers, EVP & COO, Independent Health

Introductions

- Jim Fregelette, Trust Chair

Trust Governance

- Jim Fregelette, Trust Chair

Trust STAR Report

- Medhat Kaldas, Oswald

Trust Actuarial Report

- Monica Cecilia, BPAS

Accomplishments and Future Plans

- Donna Walters, Trust Vice Chair

Closing Remarks

- Donna Walters, Trust Vice Chair

Questions and Comments

Welcome

Jim Fregelette, Trust Chair

John Rodgers, Executive Vice President and Chief Operating Officer, Independent Health



NY44 HEALTH BENEFITS PLAN TRUST BOARD OF TRUSTEES



MANAGEMENT TRUSTEES

Jim Fregelette, Chair

Candace Reimer

Elizabeth Freas

Michelle Okal-Frink

Christa McHale

LABOR TRUSTEES

Donna Walters, Vice Chair

John Pope

Deborah Piatek

Robert Giannicchi

David Scalzo



TRUSTEE LIAISON DESIGNATIONS

Please reach out to your designated liaison in the event you have any questions or concerns about the trust!

| EMPLOYER-MEMBER | MANAGERIAL TRUSTEE | NON- MANAGERGIAL TRUSTEE |
|------------------------|--------------------------------------|---------------------------------------|
| AKRON | Jim Fregelette jfregelette@e1b.org | Dave Scalzo dscalzo@e1b.org |
| ALDEN | Candy Reimer creimer@e1b.org | Debbie Piatek dpiatek@e1b.org |
| CHEEKTOWAGA CENTRAL | Michelle Okal-Frink mokal@e1b.org | John Pope jpope@e1b.org |
| CHEEKTOWAGA SLOAN | Liz Freas efreas@e1b.org | Bob Giannicchi rgiannicchi@e1b.org |
| DEPEW | Michelle Okal-Frink mokal@e1b.org | Bob Giannicchi rgiannicchi@e1b.org |
| EDEN | Christa McHale cmchale@e1b.org | Debbie Piatek dpiatek@e1b.org |

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|--------------------|---|------------------------------------|
| Erie 1 BOCES | Jim Fregelette jfregelette@e1b.org | Donna Walters dwalters@e1b.org |
| Erie 1 BOCES - ST | Jim Fregelette jfregelette@e1b.org | Donna Walters dwalters@e1b.org |
| GOWANDA | Christa McHale cmchale@e1b.org | Bob Giannicchi rgiannicchi@e1b.org |
| HAMBURG | Candy Reimer creimer@e1b.org | Debbie Piatek dpiatek@e1b.org |
| LACKAWANNA CITY | Liz Freas efreas@e1b.org | John Pope jpope@e1b.org |
| MARYVALE | Christa McHale cmchale@e1b.org | Debbie Piatek dpiatek@e1b.org |
| NIAGARA FALLS CITY | Candy Reimer creimer@e1b.org | John Pope jpope@e1b.org |

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|-----------------------------------|---------------------------------------|------------------------------------|
| NIAGARA WHEATFIELD | Jim Fregelette jfregelette@e1b.org | Donna Walters dwalters@e1b.org |
| NORTH COLLINS | Michelle Okal-Frink mokal@e1b.org | John Pope jpope@e1b.org |
| NORTH ROCKLAND | Liz Freas efreas@e1b.org | Donna Walters dwalters@e1b.org |
| SOUTH BUFFALO CHARTER | Christa McHale cmchale@e1b.org | Dave Scalzo dscalzo@e1b.org |
| ST. MARY'S SCHOOL FOR THE DEAF | Liz Freas efreas@e1b.org | Dave Scalzo dscalzo@e1b.org |
| SWEET HOME | Michelle Okal-Frink mokal@e1b.org | Bob Giannicchi rgiannicchi@e1b.org |
| WEST SENECA | Candy Reimer creimer@e1b.org | Dave Scalzo dscalzo@e1b.org |

Addition of At Large Trustees – Effective July 1, 2022

- All Trustees are currently Erie 1 BOCES employees
- Trustees approved four (4) additional "At Large Trustees" consisting of one (1) managerial employee and one (1) labor (bargaining unit member) employee each from two (2) districts participating in the Trust
- Districts represented by the At Large Trustees will rotate based upon the total number of enrollees in the Trust
 - starting with the districts with the largest and smallest total number of enrollees and continuing with the next largest and next smallest, and so on, in accordance with the "At Large Trustee Chart"

- At Large Trustees will serve one (1) year terms which shall begin on July 1 and end on June 30 of the applicable Fiscal Year
- At the end of each one (1) year term, the current At Large Trustees will be replaced by At Large Trustees from the next eligible two (2) districts
- In the event a district or bargaining unit decide to not participate as At Large Trustees, the opportunity will move to the next eligible district

Addition of At Large Trustees – Effective July 1, 2022



To be represented by At Large Trustees, the following conditions must be met:

- The District must offer the Trust's medical benefits to at least one (1) collective bargaining unit; and
- The District and applicable collective bargaining unit(s) must sign a Participation Agreement agreeing to:
 - designate one (1) managerial employee and one (1) labor (bargaining unit member) employee to serve as an At Large Trustee by July 1 who will attend all scheduled Board of Trustee Meetings and the Trust's Annual Meeting, and participate in applicable Trust subcommittees;
 - sign a HIPAA Confidentiality Agreement to protect the Trust in the event individually identifiable protected health information (PHI) is shared with the district and collective bargaining unit At Large Trustees; and
 - its understanding that in limited circumstances, certain sensitive information related to another District or enrollee in the Trust will not be shared with At Large Trustees.

At Large Trustee Chart (as of July 1, 2022)

| District | Employee Enrollees | Total Enrollees | Year 1 2022/23 | Year 2 2023/24 | Year 3 2024/25 | Year 5 2025/26 | Year 6 2026/27 | Year 7 2027/28 | Year 8 2028/29 | Year 9 2029/30 |
|-----------------------|-----------------------|--------------------|----------------|-------------------|----------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | |
| Depew | 10 | 12 | Χ | | | | | | | |
| Niagara Wheatfield | 11 | 31 | | Χ | | | | | | |
| West Seneca | 15 | 54 | | | Χ | | | | | |
| St. Mary's | 90 | 132 | | | | Χ | | | | |
| Maryvale | 66 | 147 | | | | | Χ | | | |
| South Buffalo Charter | 89 | 199 | | | | | | Χ | | |
| North Collins | 99 | 238 | | | | | | | Χ | |
| Akron | 123 | 370 | | | | | | | | Χ |
| Gowanda | 195 | 525 | | | | | | | | Χ |
| Cheektowaga Sloan | 191 | 568 | | | | | | | Χ | |
| Alden | 218 | 611 | | | | | | Χ | | |
| Lackawanna City | 266 | 727 | | | | | Χ | | | |
| Cheektowaga Central | 305 | 905 | | | | Χ | | | | |
| Sweet Home | 543 | 1,551 | | | Χ | | | | | |
| Niagara Falls City | 842 | 2,064 | | Χ | | | | | | |
| North Rockland | 1,699 | 3,665 | X | | | | | | | |

Trust STAR Report

Medhat Kaldas, Oswald

Large claimants are measured on a rolling 12 prospective, and they will not align with your stop-loss period, the advantage of measuring this way is to predict the carrier renewal, overall usage and activity.

The contents herein are provided under the highest professional standards in developing this project; however, Oswald Companies relies upon third party data sources in providing analyses, specifically insurance carriers, in the usual and customary course of business. Oswald cannot guarantee the accuracy if built upon inaccurate information supplied by a third party, and any such inclusion of incorrect data is infrequent and unintentional.

Strategic, Tactical Actions & Results

STAR REPORT

NY44 Health Benefits Plan Trust

Medical and Pharmacy Benefits January 1, 2021 – December 31, 2021 January 1, 2020 – December 31, 2020

oswald

A UNISON RISK ADVISORS Company

Financial Summary

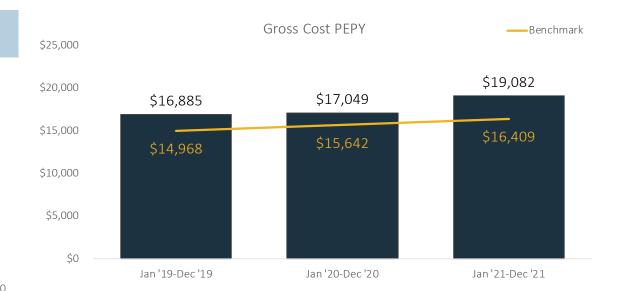
| | Annua | ıl Totals | - |
|--------------------------|-----------------|-----------------|--------|
| | Jan '21-Dec '21 | Jan '20-Dec '20 | (%) |
| Average Enrolled | 5,696 | 6,852 | -16.9% |
| | 4 | | |
| Paid Medical Claims | \$76,559,256 | \$78,852,877 | -2.9% |
| Paid Pharmacy Claims | \$28,821,173 | \$37,699,284 | -23.5% |
| Stop Loss Reimbursements | (\$235,511) | (\$193,088) | 22.0% |
| Pharmacy Rebates | (\$6,689,800) | (\$7,787,943) | -14.1% |
| Net Paid Claims | \$98,455,118 | \$108,571,130 | -9.3% |
| Administration Fees | \$8,065,991 | \$6,740,870 | 19.7% |
| Stop Loss Premium | \$2,169,961 | \$1,506,530 | 44.0% |
| Total Fixed Fees | \$10,235,953 | \$8,247,401 | 24.1% |
| Total Gross Cost | \$108,691,071 | \$116,818,531 | -7.0% |

| | Per Empl | oyee Per Year (PEPY) | - |
|--------------------------|-----------------|----------------------|--------|
| | Jan '21-Dec '21 | Jan '20-Dec '20 | (%) |
| Average Enrolled | 5,696 | 6,852 | -16.9% |
| Paid Medical Claims | \$13,441 | \$11,508 | 16.8% |
| Paid Pharmacy Claims | \$5,060 | \$5,502 | -8.0% |
| Stop Loss Reimbursements | (\$41) | (\$28) | 46.7% |
| Pharmacy Rebates | (\$1,174) | (\$1,137) | 3.3% |
| Net Paid Claims | \$17,285 | \$15,845 | 9.1% |
| Administration Fees | \$1,416 | \$984 | 43.9% |
| Stop Loss Premium | \$381 | \$220 | 73.3% |
| Total Fixed Fees | \$1,797 | \$1,204 | 49.3% |
| Total Gross Cost | \$19,082 | \$17,049 | 11.9% |

On a PEPY basis, employees paid \$555 out of pocket PEPY. This includes employee co-pay, deductible and

Admin fees = TPA Adminstration, Rx Cost Avoidance Fees, HCRA Fees, and Nonclaims Fees

Cost Share PEPY ■ ER Net Cost ■ EE Contributions ■ EE Out of Pocket Jan '21-Dec '21 \$19,082 Plan Cost Jan '21-Dec '21 EE Cost Jan '20-Dec '20 \$17,049 Plan Cost Jan '20-Dec '20 EE Cost \$17,500 \$13,500 \$14,500 \$15,500 \$16,500 \$18,500 \$19,500 \$20,500





coinsurance claims cost.

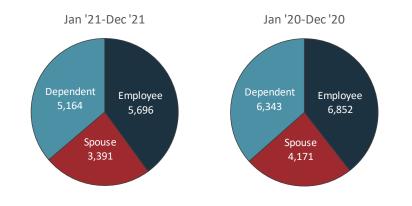
Demographics



| | | Jan '21- | Dec '21 | Jan '20- | Dec '20 |
|------------------|----------|-------------|---------|-------------|---------|
| | Age Band | Subscribers | Members | Subscribers | Members |
| و م | <1 | 0 | 93 | 0 | 121 |
| Gen Alpha | 1-4 | 0 | 457 | 0 | 554 |
| - ∢ | 5-9 | 0 | 840 | 0 | 1,090 |
| 7 | 10-14 | 0 | 1,070 | 0 | 1,350 |
| Gen | 15-19 | 1 | 1,276 | 0 | 1,537 |
| | 20-24 | 27 | 1,221 | 33 | 1,448 |
| Ļ ν | 25-29 | 278 | 561 | 301 | 646 |
| Millen- nials | 30-34 | 356 | 529 | 410 | 636 |
| Σ - | 35-39 | 450 | 758 | 565 | 955 |
| × | 40-44 | 589 | 1,018 | 740 | 1,275 |
| Gen | 45-49 | 707 | 1,180 | 892 | 1,504 |
| U | 50-54 | 865 | 1,388 | 1,004 | 1,641 |
| ers | 55-59 | 729 | 1,167 | 903 | 1,451 |
| Boomers | 60-64 | 795 | 1,246 | 1,010 | 1,561 |
| BO | 65-69 | 319 | 566 | 368 | 647 |
| Вару | 70-74 | 274 | 442 | 299 | 483 |
| Ва | 75+ | 309 | 442 | 327 | 467 |
| | Summary | 5,696 | 14,252 | 6,852 | 17,367 |

NY44 Health Benefits Plan Trust experienced a total membership decrease of 3,115 (17.9%).

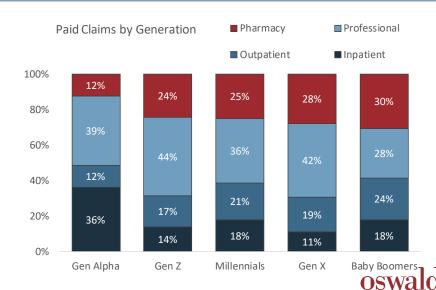
In Jan '21-Dec '21, NY44 Health Benefits Plan Trust has a dependent ratio of 2.50. The largest represented generation of subscribers are Baby Boomers, and the largest represented generation of members are also Baby Boomers. Average subscriber age band is 50-54, and average member age band is 35-39.



With \$45,335,423 in total paid claims, Baby Boomers accounted for the most paid claims in Jan '21-Dec '21. This represents 43% of all paid claims. NY44 Health Benefits Plan Trust had 1,450 members (10%) over the age of 65. These members experienced \$15,571,375 in paid claims (15%).



| Paid Claims by Relationship | Employee | Spouse | Dependent | Total |
|--------------------------------|--------------|--------------|--------------|---------------|
| Gen Alpha | \$0 | \$0 | \$4,867,820 | \$4,867,820 |
| Gen Z | \$46,961 | \$373 | \$13,859,852 | \$13,907,186 |
| Millennials | \$7,021,515 | \$3,162,752 | \$1,566,366 | \$11,750,633 |
| Gen X | \$19,835,138 | \$9,577,136 | \$107,093 | \$29,519,367 |
| Baby Boomers | \$25,632,808 | \$19,702,614 | \$0 | \$45,335,422 |
| Summary | \$52,536,423 | \$32,442,876 | \$20,401,130 | \$105,380,429 |



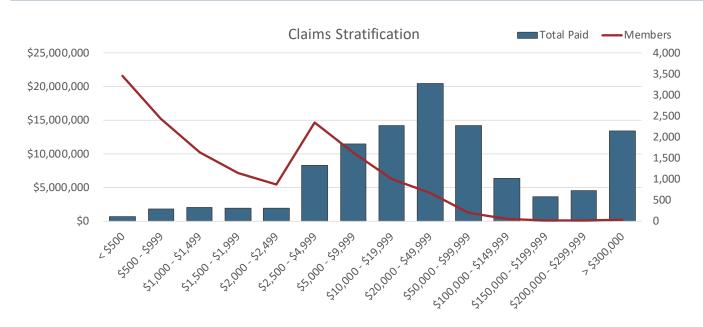
A UNISON RISK ADVISORS Company

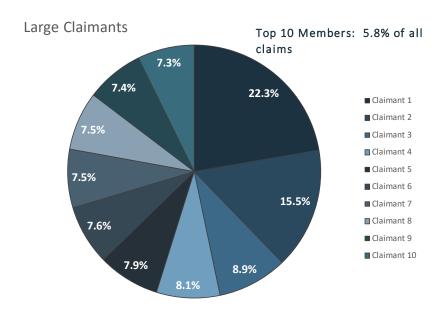
Large Claimants

Specific Stop
Loss Deductible \$1,125,000
Basis Member
Claims Included Medical & Rx

In Jan '21-Dec '21, NY44 Health Benefits Plan Trust experienced 1 member with claims over the specific stop loss deductible. Estimated reimbursements were \$235,511.

| | | | Jan | '21-Dec '21 | | Jan '20-Dec '2 | 20 |
|----|--------------|-------------|-----------|-----------------|------------|-----------------|-------|
| | Diagnosis | Medical | Pharmacy | Claims Included | Est. Reim. | Claims Included | Rank |
| 1 | Claimant 1 | \$1,342,731 | \$17,780 | \$1,360,511 | \$235,511 | \$31,932 | 652 |
| 2 | Claimant 2 | \$945,063 | \$366 | \$945,429 | | \$572,365 | 3 |
| 3 | Claimant 3 | \$429,045 | \$117,177 | \$546,222 | | \$142,246 | 80 |
| 4 | Claimant 4 | \$488,139 | \$7,365 | \$495,504 | | \$2,493 | 6,559 |
| 5 | Claimant 5 | \$476,884 | \$4,784 | \$481,668 | | \$110,510 | 120 |
| 6 | Claimant 6 | \$466,844 | \$0 | \$466,844 | | \$83,060 | 194 |
| 7 | Claimant 7 | \$455,829 | \$1,413 | \$457,242 | | \$75,407 | 226 |
| 8 | Claimant 8 | \$456,625 | \$564 | \$457,189 | | \$108,128 | 125 |
| 9 | Claimant 9 | \$443,189 | \$8,359 | \$451,548 | | \$17,306 | 1,286 |
| 10 | Claimant 10 | \$429,460 | \$13,993 | \$443,453 | | \$438,643 | 8 |
| | Subtotal | \$5,933,809 | \$171,801 | \$6,105,610 | \$235,511 | \$1,582,090 | |
| | Total Claims | | | \$105,380,429 | \$235,511 | \$116,552,160 | |







Large Claimants

Specific Stop

Loss Deductible \$1,000,000

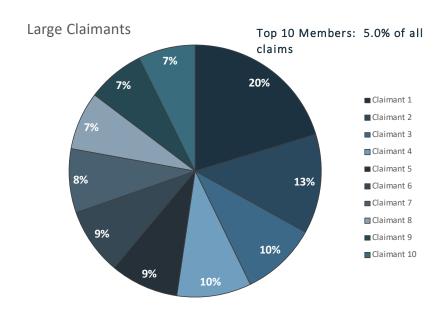
Claims Included Medical & Rx

Basis Member

In Jan '20-Dec '20, NY44 Health Benefits Plan Trust experienced 1 member with claims over the specific stop loss deductible. Estimated reimbursements were \$193,088.

| | Diagnosis | Medical | Pharmacy | Claims Included | Est. Reim. |
|----|--------------|-------------|-----------|-----------------|------------|
| 1 | Claimant 1 | \$1,173,356 | \$19,732 | \$1,193,088 | \$193,088 |
| 2 | Claimant 2 | \$749,812 | \$1,211 | \$751,023 | |
| 3 | Claimant 3 | \$571,362 | \$1,003 | \$572,365 | |
| 4 | Claimant 4 | \$518,751 | \$42,049 | \$560,800 | |
| 5 | Claimant 5 | \$513,472 | \$981 | \$514,453 | |
| 6 | Claimant 6 | \$468,278 | \$35,589 | \$503,867 | |
| 7 | Claimant 7 | \$462,879 | \$19,585 | \$482,464 | |
| 8 | Claimant 8 | \$428,022 | \$10,621 | \$438,643 | |
| 9 | Claimant 9 | \$432,423 | \$0 | \$432,423 | |
| 10 | Claimant 10 | \$430,158 | \$803 | \$430,961 | |
| | Subtotal | \$5,748,513 | \$131,574 | \$5,880,087 | \$193,088 |
| | Total Claims | | | \$116,552,160 | \$193,088 |





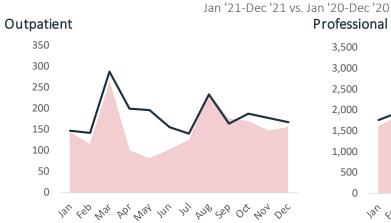
Jan '20-Dec '20

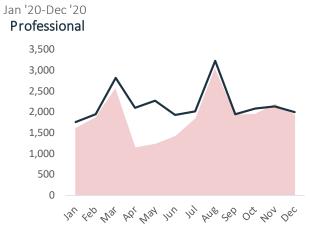


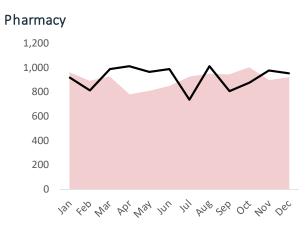
Cost and Utilization by Service Category

Monthly Services/1,000 by Service Category









The COVID-19 pandemic and its effects continue to impact services and patient behavior. In the Oswald Book of Business, outpatient services increased by 13.0%, and professional services increased by 10.9% year over year. NY44 Health Benefits Plan Trust's services increased 21.6% and increased 16.8%, respectively.

In Jan '21-Dec '21 NY44 Health Benefits Plan Trust experienced 79 inpatient admissions per 1,000 members, with a cost of \$15,416 per admission. Year over year, inpatient claims per admission increased by 22.1%.

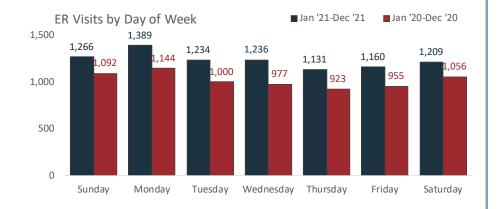
| | Jan '21-Dec '21 | | Jan '21-Dec '21 Jan '20-Dec '20 | | | Benchmark | |
|---------------------|-----------------|----------------|---------------------------------|--------------|-------|--------------|--------|
| | Total Paid PEPY | Services/1,000 | Paid/Service | Paid/Service | Δ | Paid/Service | Δ |
| Inpatient | \$3,047 | 79 | \$15,416 | \$12,627 | 22.1% | \$17,239 | -10.6% |
| Outpatient | \$3,844 | 2,200 | \$698 | \$670 | 4.2% | \$989 | -29.4% |
| Emergency Room | \$562 | 1,514 | \$371 | \$382 | -2.9% | \$1,448 | -74.4% |
| Professional | \$6,549 | 26,225 | \$100 | \$98 | 2.1% | \$79 | 26.3% |
| Office - Preventive | \$336 | 893 | \$150 | \$148 | 1.4% | | |
| Urgent Care | \$8,557 | 47,279 | \$181 | \$182 | -0.8% | | |
| Telemedicine | \$101 | 922 | \$110 | \$98 | 12.8% | | |
| | | | | | | | |



Cost and Utilization – Emergency Room

| Emergency Room | Jan '21-Dec '21 | Jan '20-Dec '20 | Benchmark |
|----------------------|-----------------|-----------------|-------------|
| Claimants | 5,026 | 4,807 | |
| Visits | 8,625 | 7,147 | 2,642 |
| Plan Paid | \$3,202,350 | \$2,732,979 | \$3,826,081 |
| Per Visit | \$371 | \$382 | \$1,448 |
| Employee Paid | \$408,467 | \$445,494 | \$962,915 |
| Per Visit | \$47 | \$62 | \$364 |
| | | | |

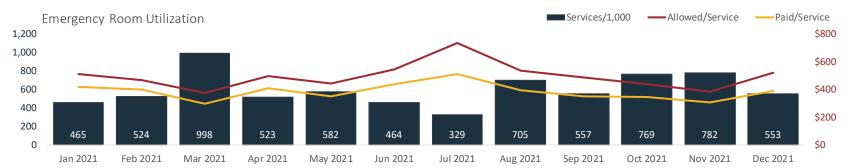
| Frequent Users of Eme | | Jan '21-Dec '21 | |
|-----------------------|-----------|-----------------|-------------|
| Count of Visits | Claimants | Visits | Paid |
| 1 Visit | 3028 | 3028 | \$1,246,943 |
| 2 - 4 Visits | 1827 | 4550 | \$1,565,710 |
| 5 - 9 Visits | 160 | 923 | \$353,604 |
| 10+ Visits | 11 | 124 | \$36,092 |



| | Top 5 Diagnoses | Claimants | Visits | Plan Paid | Employee Paid | |
|-------------------------------------|---|------------------------------|----------------------|-------------|---------------|------------|
| v | 1 Contact W And (Suspected) Exposure To Comm | 1,769 | 2,383 | \$388,272 | \$2,400 < | |
| <u>Ë</u> | 2 Emergency Use Of U07 | 512 | 544 | \$196,497 | \$17,574 | \$163 Ave. |
| ER Claims | 3 Pain In Throat And Chest | 128 | 139 | \$163,528 | \$27,873 | per visit |
| O ~ | 4 Abdominal And Pelvic Pain | 129 | 143 | \$113,835 | \$25,132 | |
| ä | 5 Viral Infection Of Unspecified Site | 354 | 381 | \$90,530 | \$2,314 | |
| ₹ | Subtotal | | 3,590 | \$952,662 | \$75,293 | |
| 4 | All Others | | 5,035 | \$2,249,688 | \$333,174 | |
| | Grand Total | 5,026 | 8,625 | \$3,202,350 | \$408,467 | |
| SL | Top 5 Diagnoses | Claimants | Visits | Plan Paid | Employee Paid | |
| ER Visits for Chronic Conditions | 1 Migraine | 26 | 28 | \$24,981 | \$3,900 | |
| Ē. Ē | 2 Essential (Primary) Hypertension | 24 | 26 | \$18,113 | \$4,910 | |
| is t | 3 Chronic Ischemic Heart Disease | 4 | 4 | \$16,471 | \$600 | |
| Visits for c Conditi | 4 Asthma | 28 | 30 | \$14,636 | \$2,100 | |
| <u>≔</u> ວ | 5 Hypertensive Heart Disease | 2 | 3 | \$8,949 | \$600 | |
| ER | Subtotal | | 91 | \$83,150 | \$12,110 | |
| l Pro | All Others | | 16 | \$13,902 | \$2,257 | |
| ਹ | Grand Total | 96 | 107 | \$97,052 | \$14,367 | |
| v | Top 5 Diagnoses | Claimants | Visits | Plan Paid | Employee Paid | |
| <u></u> | 1 Acute Pharyngitis | 276 | 293 | \$64,761 | \$1,031 | |
| Visits for mergenc | 2 Contact W And (Suspected) Exposure To Cc | 469 | 503 | \$60,162 | \$0 | |
| is see | 3 Other Joint Disorder, Not Elsewhere Classif | 39 | 39 | \$33,364 | \$4,224 | |
| sit | 4 Acute Sinusitis | 148 | 163 | \$31,379 | \$0 | |
| | 5 Cough | 129 | 134 | \$28,730 | \$600 | |
| ER Visits for Non-Emergencies | Subtotal | | 1,132 | \$218,396 | \$5,855 | |
| | All Others | | 764 | \$261,506 | \$44,929 | |
| | Grand Total | 1,573 | 1,896 | \$479,902 | \$50,784 | |
| | Non-emergencies defined by NYU; definitions may | not align with carrier defir | nition of non-emerge | ency. | | _ |

In Jan '21-Dec '21, NY44 Health Benefits Plan Trust experienced 8,625 visits to the emergency room by 5,026 members. These visits resulted in \$3,202,350 paid claims and \$408,467 out of pocket costs. These figures may include visits to urgent care facilities that are housed with emergency rooms.

There were 171 members who visited the ER more than five times. Monday was the most popular day of the week to visit the emergency room with 1,389 visits.

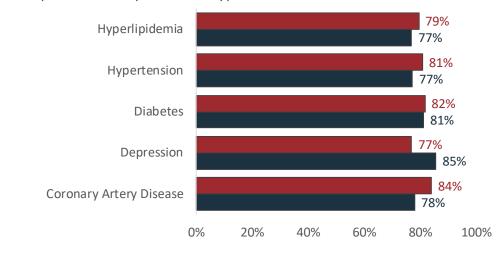


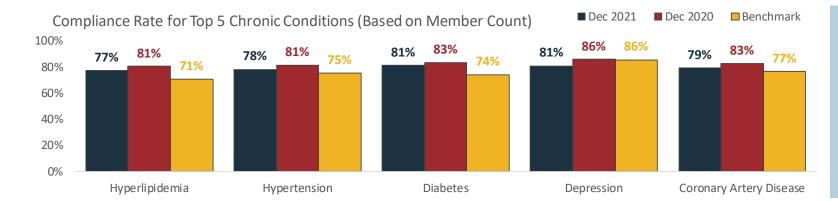
Chronic Condition Management

| Condition | 0 Gap | 1-2 Gaps | 3-5 Gaps | >5 Gaps | Total | | | |
|---|-------|----------|----------|---------|-------|--|--|--|
| Asthma | 707 | 236 | 7 | 0 | 950 | | | |
| Atrial Fib | 104 | 74 | 4 | 0 | 182 | | | |
| Coronary Artery Disease | 71 | 179 | 96 | 1 | 347 | | | |
| CHF - Part 1 | 19 | 48 | 18 | 1 | 86 | | | |
| COPD - Part 1 | 104 | 47 | 0 | 0 | 151 | | | |
| CVA/TIA - Part 1 | 28 | 33 | 0 | 0 | 61 | | | |
| Chronic Kidney Disease | 33 | 100 | 18 | 2 | 153 | | | |
| Depression | 405 | 222 | 7 | 0 | 634 | | | |
| Diabetes | 214 | 291 | 132 | 176 | 813 | | | |
| Hypertension | 1,463 | 1,284 | 178 | 2 | 2,927 | | | |
| Hyperlipidemia | 2,025 | 268 | 691 | 0 | 2,984 | | | |
| Inflammatory Bowel Disease | 46 | 53 | 3 | 0 | 102 | | | |
| Multiple Sclerosis | 0 | 34 | 0 | 0 | 34 | | | |
| Opioids from Multi Providers (UOP) (NS) | 60 | 194 | 4 | 0 | 258 | | | |
| Rheumatoid Arthritis | 64 | 37 | 4 | 0 | 105 | | | |
| Summary | 3,753 | 2,426 | 951 | 181 | 5,297 | | | |
| Members in the table above may be listed under more than one condition. | | | | | | | | |

22% of non-compliant cases for the top five conditions below are related to medication adherence.

Compliance Rate by Guideline Type



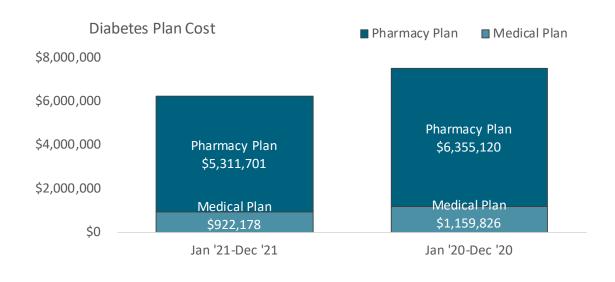


A gap in care is a missed, expected maintenance appointment or treatment for a diagnostic category for which a member has been treated in the past. Gaps in care are based on nationally established guidelines for each specific condition.

The graph to the left is measured based on report end date. The data is incurred with two months of run-out ending in December 2021 and 2020.



Chronic Condition Management – Diabetes



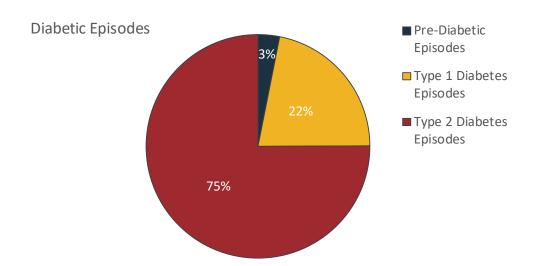
Diabetes Guideline: HbA1c Test in Last 12 months (18-75 years old)

| | Female | | | le |
|----------|-----------|-----------------|-----------|-----------------|
| Age Band | Claimants | Compliance Rate | Claimants | Compliance Rate |
| 18-24 | 5 | 80% | 9 | 100% |
| 25-64 | 238 | 88% | 298 | 94% |
| 65+ | 85 | 31% | 104 | 52% |
| Summary | 328 | 73% | 411 | 83% |

In Jan '21-Dec '21, NY44 Health Benefits Plan Trust had 1,741 diabetic episodes. Additionally, there were 56 pre-diabetic episodes.

There were 660 claimants with insulin-related claims in Jan '21-Dec '21, which cost the plan \$430.26 per service.

| Insulin Expense and Utilization Jan '21-Dec '21 | | | | | | | |
|---|-----------|----------|-----------|--------------|-------------|--|--|
| Therapeutic Group | Claimants | Services | Paid | Paid/Service | OOP/Service | | |
| Insulin Analogs - Long Acting | 178 | 489 | \$614,506 | \$1,256.66 | \$0.74 | | |
| Insulin Analogs - Rapid Acting | 123 | 328 | \$472,658 | \$1,441.03 | \$1.55 | | |
| Human Insulins - Short Acting | 8 | 23 | \$83,910 | \$3,648.26 | \$0.00 | | |
| Medical Supplies and DME - Insulin Needle | 175 | 448 | \$41,289 | \$92.16 | \$2.14 | | |
| Insulin Response Enhancers - Biguanides | 508 | 1,488 | \$21,028 | \$14.13 | \$0.10 | | |
| Antihyperglycemic-Insulin, Long Acting an | 2 | 8 | \$13,865 | \$1,733.09 | \$0.00 | | |
| Human Insulins - Intermediate Acting | 3 | 9 | \$4,684 | \$520.49 | \$0.00 | | |
| Human Insulins - Fixed Combinations | 1 | 5 | \$3,843 | \$768.62 | \$0.00 | | |
| Insulin Analogs - Fixed Combinations | 2 | 6 | \$3,689 | \$614.88 | \$0.00 | | |
| Medical Supplies and DME - Subcutaneous | 2 | 8 | \$3,292 | \$411.47 | \$3.75 | | |
| Summary | 660 | 2,941 \$ | 1,265,391 | \$430.26 | \$0.68 | | |





Preventive Screening

Adult Compliance Rates

| Condition | Cases | Compliant | Non-Compliant | Compliance Rate | Benchmark Rate |
|-----------------------------|--------|-----------|---------------|-----------------|----------------|
| Preventive Care Visit | 37,424 | 35,590 | 1,834 | 95.1% | 83.9% |
| Adult BMI Assessment | 8,493 | 4,442 | 4,051 | 52.3% | 29.6% |
| Breast Cancer Screening | 2,156 | 1,572 | 584 | 72.9% | 70.2% |
| Cervical Cancer Screening | 7,659 | 6,035 | 1,624 | 78.8% | 59.1% |
| Colorectal Cancer Screening | 4,312 | 1,837 | 2,475 | 42.6% | 35.1% |
| Summary | 60,044 | 49,476 | 10,568 | 82.4% | |

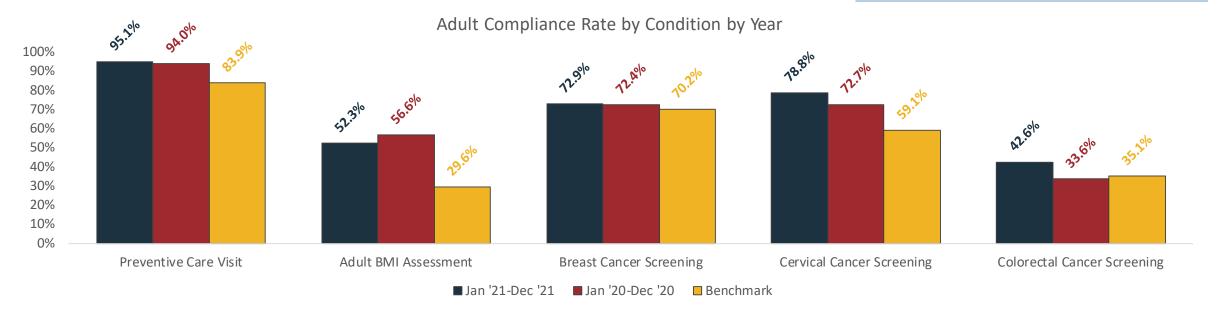
Compliance rates lower than benchmark are highlighted in red.

Incurred data with two months of run-out.

Compliance rate may be incomplete to the extent the data warehouse does not have enough claims history for a given member.

Oswald's data warehouse reviews medical claims for preventive care compliance. The system identifies members by age and gender and searches claims for appropriate screenings. Displayed here are adult screenings based on HEDIS (Health Effectiveness Data and Information Set) guidelines, which were developed by NCQA to measure quality of health plans.

Not all screenings are recommended annually, however it is important to monitor population patterns over time as shown in the graph below.

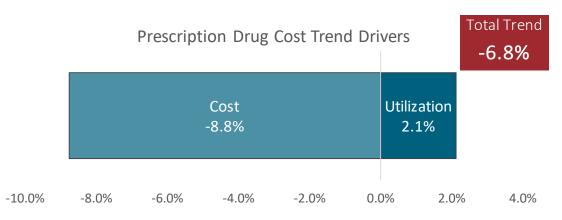


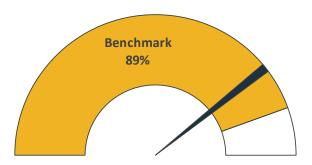
Pharmacy Summary

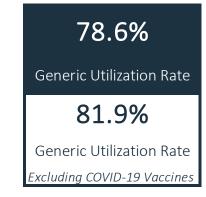
| | Jan '21-Dec '21 | Jan '20-Dec '20 | Benchmark |
|---------------------|-----------------|-----------------|-----------|
| Paid PMPM | \$169 | \$182 | \$121 |
| Scripts/1,000 | 11,063 | 10,834 | 10,256 |
| Paid/Script | \$183 | \$200 | \$141 |
| Total Paid | \$28,821,173 | \$37,699,284 | |
| Employee Cost Share | 4% | 5% | |











78.6% of prescriptions filled in Jan '21-Dec '21 were generic. Generic utilization in Jan '20-Dec '20 was 80.0%. Benchmark is 89%.

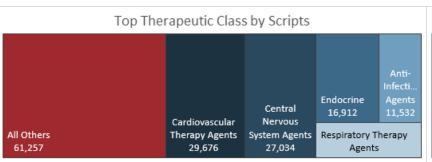
If COVID-19 vaccines are excluded from this calculation, the generic utilization rate was 81.9% in Jan '21-Dec '21.

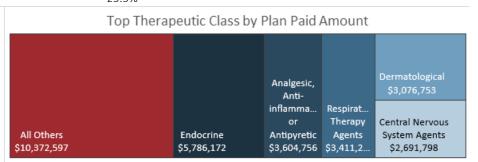
Analysis



Top Prescription Drugs

| | | | Jan '21-Dec '2: | 1 | | | Jan '20-Dec '20 | | Tre | nd |
|--------------------------|--------------------------------------|-----------|-----------------|------------------------|-------------|---------|-----------------|-------------|---------|-------------|
| Drug Name | Therapeutic Class | Specialty | Scripts | Paid | Paid/Script | Scripts | Paid | Paid/Script | Scripts | Paid/Script |
| 1 Humira(Cf) Pen | Analgesic, Anti-Inflammatory Or Anti | pyr e Yes | 202 | \$1,473,941 | \$7,297 | 328 | \$2,226,504 | \$6,788 | -38% | 7% |
| 2 Stelara | Dermatological | Yes | 64 | \$1,289,738 | \$20,152 | 68 | \$1,248,943 | \$18,367 | -6% | 10% |
| 3 Stelara | Gastrointestinal Therapy Agents | Yes | 3 | \$10,195 | \$3,398 | 1 | \$4,348 | \$4,348 | 200% | -22% |
| 4 Trikafta | Respiratory Therapy Agents | Yes | 55 | \$1,163,920 | \$21,162 | 45 | \$1,039,879 | \$23,108 | 22% | -8% |
| 5 Trulicity | Endocrine | No | 665 | \$999,623 | \$1,503 | 805 | \$1,086,403 | \$1,350 | -17% | 11% |
| 6 Eliquis | Hematological Agents | No | 620 | \$656,141 | \$1,058 | 624 | \$625,989 | \$1,003 | -1% | 5% |
| 7 Jardiance | Endocrine | No | 472 | \$625,850 | \$1,326 | 387 | \$480,813 | \$1,242 | 22% | 7% |
| 8 Ozempic | Endocrine | No | 402 | \$607,828 | \$1,512 | 386 | \$546,067 | \$1,415 | 4% | 7% |
| 9 Aubagio | Multiple Sclerosis Agents | Yes | 61 | \$497,701 | \$8,159 | 59 | \$460,211 | \$7,800 | 3% | 5% |
| 10 Revlimid | Antineoplastics | Yes | 24 | \$426,732 | \$17,781 | 25 | \$435,840 | \$17,434 | -4% | 2% |
| 11 Imbruvica | Antineoplastics | Yes | 27 | \$374,958 | \$13,887 | 25 | \$527,197 | \$21,088 | 8% | -34% |
| 12 Lantus Solostar | Endocrine | No | 324 | \$370,119 | \$1,142 | 425 | \$433,475 | \$1,020 | -24% | 12% |
| 13 Kalydeco | Respiratory Therapy Agents | Yes | 15 | \$363,938 | \$24,263 | 26 | \$632,004 | \$24,308 | -42% | 0% |
| 14 Cosentyx Pen (2 Pens) |) Dermatological | Yes | 53 | \$316,244 | \$5,967 | 101 | \$596,995 | \$5,911 | -48% | 1% |
| 15 Xarelto | Hematological Agents | No | 304 | \$294,314 | \$968 | 318 | \$310,138 | \$975 | -4% | -1% |
| 16 Humira Pen | Analgesic, Anti-Inflammatory Or Anti | pyr e Yes | 52 | \$292,965 | \$5,634 | 135 | \$758,139 | \$5,616 | -61% | 0% |
| 17 Enbrel Sureclick | Analgesic, Anti-Inflammatory Or Anti | pyr e Yes | 55 | \$291,721 | \$5,304 | 100 | \$479,855 | \$4,799 | -45% | 11% |
| 18 Tradjenta | Endocrine | No | 233 | \$281,855 | \$1,210 | 379 | \$426,172 | \$1,124 | -39% | 8% |
| 19 Dupixent Syringe | Dermatological | Yes | 76 | \$246,151 | \$3,239 | 161 | \$507,941 | \$3,155 | -53% | 3% |
| 20 Lo Loestrin Fe | Contraceptives | No | 681 | \$240,982 | \$354 | 870 | \$292,374 | \$336 | -22% | 5% |
| Subtotal | | | 4,388 | \$10,824,916 | \$2,467 | 5,268 | \$13,119,287 | \$2,490 | -17% | -1% |
| All Others | | | 153,278 | \$17,996,257 | \$117 | 182,871 | \$24,579,997 | \$134 | -16% | -13% |
| Grand Total | | | 157,666 | \$28,821,173 -23.5% | \$183 | 188,139 | \$37,699,284 | \$200 | -16% | -9% |





In Jan '21-Dec '21, there were 0 drugs in the top 20 by paid amount that did not have any prescriptions filled in the prior year. These drugs accounted for \$0 in paid claims.







2022 Annual Meeting









BPAS Services to the Trust

- Healthcare Actuarial Services
 - Premium Equivalent Rate Setting
 - Reserve Calculations
 - Medicare Part D Attestations
 - GASB 75 valuations for some districts
 - Budget Support
 - Benefit plan design





Premium Equivalent Rates

Annual Process

- Goal is to Project expected cost of health plans for upcoming year
- Analysis completed annually based on 2-3 years of data
- Actuarial analysis based on:
 - Medical, Pharmacy, and Dental claims experience
 - Population characteristics (age, geography)
 - Prevalence & severity of health risks
 - Number of employees & family members
 - Current plan design
- Also Consider:
 - Plan changes & new plan offerings
 - Administrative costs & Trust's budget
 - Statistical analysis of healthcare trend





Healthcare Trend Data

Recent national survey data suggests:

- 7.8% medical trend for 2022 (active/pre-65 population)
- 3.8% medical trend for 2022 (post-65 population)
- 8.4% Rx trend for 2022

Trust Rates will be increasing 1.5-2% for 2022-23





COVID-19 Impact

Still so much uncertainty!

- Delayed (eliminated?) care caused lower than expected 2020 costs
- Transition to telehealth, will it continue?
- Additional costs of COVID related care (ICU, vaccines, etc.)
- Undetected or deterioration of conditions during pandemic
- General awareness of spreading germs and staying home
- Providers trying to recoup losses

COVID blip accounted for in rates. Projections assume utilization will be similar to pre-pandemic levels in the next plan year.





Evolution of Trust Plan

- New Prescription Drug Vendors and Contract July 1, 2021
 - Capital Rx (non-Specialty) and Payer Matrix (Specialty)
 - 2021-22 rates included expected savings from the change
 - 2022-23 rates, we included 6 months of actual experience
- 2022-23 Rates without new Rx contract, would have increased about 8-9% this year. Instead you will see 1.5-2% increase.
- Trust, Oswald, and BPAS continue to monitor the market, evaluate vendors, and negotiate contracts





2022 Annual Meeting







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Accomplishments and Future Plans

Donna Walters, Vice Chair

Recent Accomplishments



Addition of a benefit consultant, Oswald Companies

to assist the Trust with benefits administration and operations

Creation of Trust Subcommittees

open meetings held where districts can participate

New and improved website

- has allowed increased and better communication of important information to districts and enrollees

Addition of stop-loss coverage

has provided security against high-dollar claims

Stabilization of contribution rates and Trust reserves

 Minimal rate increases for 2021/22 and 2022/23 Plan Year; improved Trust reserves to protect unexpected claims expense

Recent Accomplishments (cont.)



- Transition of dental administration from ProBenefits to Guardian
 - improved financial position and establishment of rollover benefit
- Addition of Stacey Porter, Benefits Specialist
 - allowed the Trust to offer improved internal customer service for districts and enrollees
- Transition of pharmacy benefits from PBD to Capital Rx and Payer Matrix
 - significant cost savings which subsidized medical increases
- Performance Health Dashboard Reports
 - shares important information per district based on top health condition prevalence & claimants
- Addition of At Large Trustees
 - allows more involvement by districts in the operation and administration of the Trust

Live Engagement Strategy & Points Earned



Future Plans



- Subcommittees continue to look at improvements to Trust benefit and service offerings
 - vision benefit survey; review of services that could improve utilization of benefits
- Continued transparency of Trust finances, Board actions and benefit utilization
 - continued open committee meetings; improved newsletters; continued availability of district dashboards
- Inaugural year of At Large Trustees
 - Trustees will continue to evaluate ways to involve districts in the administration and operation of the Trust
- And we want to hear from you!
 - Increased engagement with districts to help shape the future of the Trust...

Closing Remarks

Donna Walters, Vice Chair



NOTES





NY44 HEALTH BENEFITS PLAN TRUST ANNUAL MEETING

April 27, 2022