



## Guardian Teledentistry

It is important to ensure our members have access to dental care – and teledentistry helps make that happen.

That's why Guardian is helping to provide an easy-to-use teledentistry option for when you or your family need urgent care and you don't have a dentist or your dentist is not available.\*

Simply schedule an appointment and you will receive a secure, password-protected video conference link to use. Guardian Teledentistry is covered by your dental plan.\*\*

### During your virtual visit, a dental care professional can help you:

- Determine if you have a serious condition that requires urgent treatment
- Suggest things you can do at home to relieve your symptoms
- Assess toothaches, infections, and provide prescription medications if needed
- Offer guidance and advice
- Refer you to a Guardian network dentist if further care is needed

To get started, simply visit [www.virtudent.com/guardianteledentistry](http://www.virtudent.com/guardianteledentistry) or call 1-800-506-8305.



### What are some concerns you can get help with?

- A loose or lost crown
- Breaking a tooth or a filling
- Bleeding or swollen gums
- Pain or tooth sensitivity
- Tooth discoloration
- Grinding or clenching your teeth
- Muscle soreness or discomfort while chewing
- Oral sores or lesions

### Ask your employer for more information.

**The Guardian Life Insurance Company of America**

New York, NY

[guardianlife.com](http://guardianlife.com)

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\*Teledentistry administrative services are provided by Virtudent, a third-party dental services company.\*\*Standard plan limitations and exclusions apply. DentalGuard Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides DENTAL insurance only. Policy Form # GP-1-DG2000, et al, GP-1-DEN-16. GUARDIAN® is a registered service mark of The Guardian Life Insurance Company of America® ©Copyright 2020 The Guardian Life Insurance Company of America, New York, N.Y.