**NY44 Population Health Subcommittee Open Forum Meeting Notes 10.28.2020**

* Define Population Health for the districts
* Start to include agenda of meeting (summary of topics being covered we need your feedback on)
* Include purpose of each subcommittee
* “We’re looking for YOUR input”
* Shared most Wellness activities during Staff Development days with Speakers that have included: Mindfulness, Yoga, Stress Management.
* Suggested Learning topics on Cholesterol, Allergies, find out what the trends are and design workshops to meet those needs.
* Districts would like to know the health of their population as an overview to help contain cost by then developing programs the staff would benefit from.
* Schools do not have the expertise and are looking for guidance from the Trust and their Consultants.