

As a member of Independent Health, you can enjoy great savings with our vision care discount available through EyeMed. That includes discounts on all eyewear purchases, as well as routine eye exams for all ages. Comprehensive eye exams are an important way to test for correct vision, as well as check for early signs of eye disease and overall health. Eye doctors are often the first to detect warning signs of other serious health conditions, like high blood pressure and diabetes.

HOW IT WORKS

- 1. Check your NY44 Health Benefits Plan Trust summary plan description for details outlining the EyeMed vision discounts associated with your plan.
- 2. Choose from thousands of providers in EyeMed's network, including private practices and optical retail providers. Use the "Find a Provider" tool at eyemed.com and select "Insight" as the network. You can search by provider name, location, hours and scheduling, services, products and brands. You can also call 1-877-842-3348, or for LASIK providers call 1-877-5LASER6.



- 3. Schedule an appointment online (if available), by phone, or stop into one of the many providers who offer walk-in appointments. Most providers also offer evening and weekend hours.
- 4. Present your member ID card when you arrive so the EyeMed provider can verify your vision discount.

With Independent Health's vision care discount, you never have to pay full price for your vision care needs again. It's just one of the ways we're here to help you get and stay healthy.

Questions?

Our RedShirtsSM are here to help. Call us today if you have questions about your plan benefits.

Current Members (716) 631-8701 or 1-800-501-3439

Prospective Members (716) 631-5392 or 1-800-453-1910

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You Deserve the RedShirt Treatment.

